

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 7834303

Annual Report and Financial Statements
for the year ended 31 March 2017

Sibs - for brothers and sisters

Annual Report and Financial Statements
for the year ended 31 March 2017

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Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2017

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Simon Everest	Chair	01/04/2012
Sara Wheeler		01/04/2012
Roger Fielding		01/04/2012
Charlie Simpson		12/10/2013
Saba Salman		07/07/2015
Carol McBride	Treasurer	05/03/2016
Harinder Natt		18/06/2016
Jackie Howes		18/06/2016

Company secretary Monica McCaffrey

Charity number 1145200 Registered in England and Wales

Company number 7834303 Registered in England and Wales

Registered and principal address	Bankers
Meadowfield	The Co-Operative Bank
Goose Green	PO Box 101
Oxenhope	1 Balloon Street
West Yorkshire	Manchester
BD22 9JD	M60 4EP

Independent examiner

Dave Collins

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 03/11/2012. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.00.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2017

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by phone, email, online resources, written resources, workshops and conferences for young siblings, adult siblings and parents and carers of young siblings. Sibs works with any professionals and service providers to influence them to provide services to siblings, and to enhance their skills in supporting siblings. We provide them with training, consultancy, phone, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to find out about the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Direct support to young siblings

Siblings in Schools Project

We recruited a Development Officer for Siblings in Schools to promote and deliver our Siblings in Schools Project. We developed a new resource, Sibs Talk, to support siblings aged 7-11 in primary schools; it is an activity booklet for school staff to use with siblings over ten sessions in order to improve their wellbeing and engagement with learning. We started a joint research project with the University of Warwick to evaluate a pilot of Sibs Talk. We developed the evaluation process and materials, a new training session for school staff, and a train the trainer session for Sibs staff to deliver the training to schools. 14 schools based in Brighton, Birmingham and Southwark started the pilot project; 23 school staff attended training sessions; four of Sibs staff/volunteers were trained to deliver the school training.

'They enjoy the sessions a lot. I even got feedback from the class teacher saying the children were very proud of their stickers and the sessions.' School staff member about Sibs Talk

'The sessions are going really well and the children are really enjoying the chance to talk on a one to one. One of the children started off being really positive about his sibling, but when he knew it was ok to voice concerns or annoyances about their sibling, you could see the relief at being able to give his honest opinion without fear of being judged. It's really refreshing.' School staff member about Sibs Talk

YoungSibs service

We continued to provide support to young siblings through our YoungSibs service; 414 young siblings are registered with YoungSibs. The majority of young siblings using the service have a brother or sister with autism.

'Dear YoungSibs, Hi I have a younger brother who is six (I am eleven) he has epilepsy and autism and maybe even ADHD. I feel mostly angry and guilty. I get really angry at him for calling me stupid and horrid but then guilty as well because I feel like I should help more but just don't want to. I know it sounds like I am just selfish but please can you give me some advice?' Young sibling asking for help

'When i feel like i need help i read through the pages, it helps!' Young sibling on using YoungSibs

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2017

Achievements and performance (continued)

YoungSibs service (continued)

'I asked for someone to write about Batten Disease on this website. A nice lady called Linda told me she would write some things down about it.' Young sibling on using YoungSibs

We produced a new information brochure for school staff to give to siblings in schools.

We have continued to respond to parents' requests for information about local sibling groups and about how to support young siblings.

Direct support to adult siblings

Sibs NetworkUK

During the year we have supported the running of support groups for adult siblings of people with learning disability and/or autism in London, Birmingham, Manchester, Nottingham and Brighton. We ran a second training day for six new volunteer group facilitators to start new groups or to support the facilitation of existing groups. The pilot project for the groups network demonstrated the need for this work to support adult siblings and we were awarded funding for a further two years to continue developing the network.

'I feel very safe within the group and feel able to speak openly without having any trust issues. The facilitators do an excellent job.' Sibling, London group

'I am always really happy after attending the meetings and it feels like a relief to have met like minded people. I feel I can talk freely about my situation without being judged and I feel very well supported in the group.' Sibling, Nottingham group

'Found out information about what will happen if incorrect provisions in my parent's will are made about my sister's care, so have now been able to get further information and make changes for the better of my sister.'

Sibling, Brighton group

We ran a workshop for bereaved siblings to support them with complex grief issues, including death through neglect in care homes.

Training and awareness raising with parents and professionals

We ran six workshops for parents on supporting siblings.

'I took one of your workshops recently and find Sibs absolutely fantastic in it's advice and support and I'll continue to access it and pass it on.' Parent who attended a workshop

We ran five training days for professionals on how to run a sibling group for young siblings.

'Great course, well worth it. (My) next step is to book some more groups with a new format.' Eva Robens, Carers Trust North Wales

'Very interactive, good use of practical ideas. Really helped to build my confidence. (Next step) Run a siblings group!' Fiona Macnaughton-Jones, Blossom House School

We presented at a range of other events to over 500 professionals on supporting young siblings.

Influencing policy and wider awareness raising

We started our collaborative research project with the University of Warwick PhD student, Nikita Hayden, in October 2016.

We had a chapter on siblings published in the international health publication *Heath Care for People with Intellectual and Developmental Disabilities across the Lifespan, 2016*.

We had a follow up article about SibsNetworkUK in the Guardian Social Care Network and an item about siblings on the BBC Disability Podcast.

We have been compiling a series of adult siblings case studies for the website.

Sibs service details were added to the Local Offer in 21 more areas.

Over 28,000 users in the UK accessed our online information resources.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2017

Achievements and performance (continued)

Charity development

Two new trustees joined Sibs board: Harinder Natt, who is an adult sibling and an accountant, and Jackie Howes, who is an adult sibling and a marketing specialist.

Our new Development Officer for Siblings in Schools, Claire Fraser-Lim, started work in September 2016.

We started the work to upgrade our YoungSibs website. The content has been updated and the new site is currently in the design stage.

We undertook an audit of the main Sibs website in order to improve adult siblings' access to information.

We fulfilled our auto-enrolment duties with the NEST pension scheme.

Funding and support

We are grateful to all the donors who have funded Sibs' work this year. We want to publicly thank the following:

Esmée Fairbairn Foundation

MariaMarina Foundation

The Odin Charitable Trust

The Prafarata Foundation

The True Colours Trust

We are also very grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs.

Future plans

We will continue to develop and expand SibsNetworkUK by developing and supporting new groups, running workshops on a range of topics in regional areas, and developing an eBook resource for adult siblings. We want to raise additional funds for marketing and communications in order to reach more adult siblings. We want to form partnerships with more primary schools to deliver Sibs Talk and to develop and promote similar resources for pupils in secondary school. We will produce a report for schools on the evaluation of Sibs Talk. We want to have the new YoungSibs website ready to launch in the autumn.

Financial review

The net expenditure for the year was £55,820, including net expenditure of £4,667 on unrestricted funds and net expenditure of £51,153 on restricted funds.

Reserves policy

The trustees recognise that the level of reserves at 31st March 2017 is less than required to support current levels of expenditure. During the 2017- 2018 our plans are to secure unrestricted reserves of at least £20,000 for core expenditure.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2017

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees:

Signed..... (Trustee)

Name.....

Date.....

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibbs - for brothers and sisters

I report on the accounts of the charitable company for the year ended 31 March 2017, which are set out on pages 8 to 13.

Respective responsibilities of the trustees and the examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the 2011 Act, follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 386 of the Companies Act 2006; and

to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS 102)).

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Dave Collins

Date:

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 March 2017

	Notes	2017 Unrestricted funds £	2017 Restricted funds £	2017 Total funds £	2016 Total funds £
Income from:					
Grants and donations	(2)	2,402	52,000	54,402	144,789
External Training		4,441	-	4,441	11,787
Sibs open Workshop		5,300	-	5,300	-
Bank interest		94	-	94	33
Total income		12,237	52,000	64,237	156,609
Expenditure on:					
Salaries and NIC	(3)	5,209	78,877	84,086	71,310
Pensions	(4)	30	2,416	2,446	1,773
Freelance fees		2,772	2,050	4,822	500
Staff training		56	430	486	-
Staff travel		592	1,781	2,373	3,460
Volunteer travel and expenses		-	531	531	-
Volunteer training		-	897	897	-
Accommodation/subsistence		623	1,099	1,722	1,836
Events for users		1,933	1,707	3,640	2,449
Books/resources		-	2,689	2,689	67
Office space		-	814	814	454
Postage		-	419	419	317
Copying/Stationery		-	939	939	264
Telecommunications		24	3,079	3,103	2,132
Computer expenses		919	50	969	582
Website		-	4,730	4,730	15,282
Insurance		1	538	539	494
Trustee meetings		95	-	95	192
Payroll		486	-	486	594
Fundraising		299	79	378	152
Independant examination		600	13	613	655
Evaluation and research		2,500	-	2,500	-
Recruitment		619	-	619	-
AGM		146	15	161	-
Sundry expenses		-	-	-	28
Total expenditure		16,904	103,153	120,057	102,541
Net income / (expenditure)		(4,667)	(51,153)	(55,820)	54,068
Fund balances brought forward		14,942	80,789	95,731	41,663
Fund balances carried forward	(5)	10,275	29,636	39,911	95,731

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2017

		2017	2017	2017	2016
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Current assets					
Debtors and prepayments	(6)	172	-	172	17,693
Cash at bank and in hand	(7)	11,780	32,401	44,181	78,638
Total current assets		<u>11,952</u>	<u>32,401</u>	<u>44,353</u>	<u>96,331</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	1,677	2,765	4,442	600
Total current liabilities		<u>1,677</u>	<u>2,765</u>	<u>4,442</u>	<u>600</u>
Net current assets / (liabilities)		<u>10,275</u>	<u>29,636</u>	<u>39,911</u>	<u>95,731</u>
Total assets less current liabilities		<u>10,275</u>	<u>29,636</u>	<u>39,911</u>	<u>95,731</u>
Net assets		<u>10,275</u>	<u>29,636</u>	<u>39,911</u>	<u>95,731</u>
Funds					
Unrestricted funds		10,275	-	10,275	14,942
Restricted funds		-	29,636	29,636	80,789
Total funds		<u>10,275</u>	<u>29,636</u>	<u>39,911</u>	<u>95,731</u>

For the year ending 31 March 2017 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2015).

The financial statements were approved by the board of trustees on

Date:

Signed:

(Trustee)

Name

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2017

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The charity constitutes a public benefit entity as defined by FRS 102.

Reconciliation with previous Generally Accepted Accounting Practice In preparing the accounts

The trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. They have determined that no such restatement is required.

As a consequence, there has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sibs - for brothers and sisters

Notes to the accounts continued

for the year ended 31 March 2017

2 Grants and donations

	2017 Unrestricted funds £	2017 Restricted funds £	2017 Total funds £	2016 Total funds £
The True Colours Trust 1339	-	52,000	52,000	45,600
The Odin Charitable Trust	2,000	-	2,000	2,000
Other Donations	402	-	402	476
The Freemasons' Grand Charity	-	-	-	3,000
Prafarata Foundation	-	-	-	20,000
MariaMarina Foundation	-	-	-	30,000
Esmée Fairbairn Foundation	-	-	-	38,713
The Atlantic Philanthropies Director/EDG Fund	-	-	-	5,000
	<u>2,402</u>	<u>52,000</u>	<u>54,402</u>	<u>144,789</u>

3 Staff costs and numbers

	2017 £	2016 £
Gross salaries	80,057	67,226
Social security costs	7,029	6,084
Employment allowance	(3,000)	(2,000)
Pensions	<u>2,446</u>	<u>1,773</u>
	<u>86,532</u>	<u>73,083</u>

The average number employees during the year was 4, being an average of 3 full time equivalent (2016: 3, 2 FTE).

There were no employees with emoluments above £60,000.

4 Defined contribution pension scheme

	2017 £	2016 £
Costs of the scheme to the charity for the year	2,446	1,773

5 Restricted funds

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Prafarata Foundation	17,312	-	17,312	-	-
MariaMarina Foundation	14,605	-	14,605	-	-
Esmée Fairbairn Foundation	33,664	-	23,722	-	9,942
The True Colours Trust 974	15,208	-	15,208	-	-
The True Colours Trust 1339	-	52,000	32,306	-	19,694
	<u>80,789</u>	<u>52,000</u>	<u>103,153</u>	<u>-</u>	<u>29,636</u>

Fund name

Purpose of restriction

Prafarata Foundation	Siblings in Schools
MariaMarina Foundation	Adult Sibling Network
Esmée Fairbairn Foundation	Development Officer salary and admin costs
The True Colours Trust 974	Salary CEO, websites and office costs
The True Colours Trust 1339	Salary CEO, websites and office costs

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2017

6 Debtors and prepayments

	2017	2016
	£	£
Debtors	172	17,693
Prepayments	-	-
	<u>172</u>	<u>17,693</u>

7 Cash at bank and in hand

	2017	2016
	£	£
Savings Account	39,686	77,093
Current Account	4,495	1,545
	<u>44,181</u>	<u>78,638</u>

8 Creditors and accruals

	2017	2016
	£	£
Creditors	3,842	-
Accruals	600	600
	<u>4,442</u>	<u>600</u>

9 Trustee expenses

No trustee received any expenses during this year or the previous year.

10 Related party transactions

Key management personnel

The key management personnel of the charity comprises the Chief Officer only. The total employee benefits of the key management personnel of the charity were £41,663.

There were no other related party transactions during this year or the previous year.

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 31 March 2017

	2017 Unrestricted funds £	2016 Unrestricted funds £	2017 Restricted funds £	2016 Restricted funds £	2017 Total funds £	2016 Total funds £
Income						
Grants and donations	2,402	10,476	52,000	134,313	54,402	144,789
External Training	4,441	11,787	-	-	4,441	11,787
Sibs open workshop	5,300	-	-	-	5,300	-
Bank interest	94	33	-	-	94	33
Total income	12,237	22,296	52,000	134,313	64,237	156,609
Expenditure						
Salaries and NIC	5,209	4,781	78,877	66,529	84,086	71,310
Pensions	30	-	2,416	1,773	2,446	1,773
Freelance fees	2,772	-	2,050	500	4,822	500
Staff training	56	-	430	-	486	-
Staff travel	592	2,637	1,781	823	2,373	3,460
Volunteer travel and expenses	-	-	531	-	531	-
Volunteer training	-	-	897	-	897	-
Accommodation/subsistence	623	1,442	1,099	394	1,722	1,836
Events for users	1,933	942	1,707	1,507	3,640	2,449
Books/resources	-	13	2,689	54	2,689	67
Office space	-	-	814	454	814	454
Postage	-	-	419	317	419	317
Copying/Stationery	-	2	939	262	939	264
Telecommunications	24	1	3,079	2,131	3,103	2,132
Computer expenses	919	-	50	582	969	582
Website	-	6,004	4,730	9,278	4,730	15,282
Insurance	1	-	538	494	539	494
Trustee meetings	95	42	-	150	95	192
Payroll	486	343	-	251	486	594
Fundraising	299	152	79	-	378	152
Independent examination	600	642	13	13	613	655
Evaluation and research	2,500	-	-	-	2,500	-
Recruitment	619	-	-	-	619	-
AGM	146	-	15	-	161	-
Sundry expenses	-	19	-	9	-	28
Total expenditure	16,904	17,020	103,153	85,521	120,057	102,541
Net income / (expenditure)	(4,667)	5,276	(51,153)	48,792	(55,820)	54,068
Fund balances brought forward	14,942	9,666	80,789	31,997	95,731	41,663
Fund balances carried forward	10,275	14,942	29,636	80,789	39,911	95,731